



HOW TO REDUCE FRUIT FLIES IN YOUR ORGANICS BIN

Minimize waste volume: Hold only one to two days' worth of food scraps in your kitchen caddy. Less food equals fewer flies.

Freeze them: Space permitting, store food scraps for composting in the freezer. The cold temperature will kill any fruit-fly eggs.

Layer them: Place a used paper towel, brown paper bag or a bit of diatomaceous earth over the scraps to soak up moisture and keep odour at bay. Food rots more slowly when there is no liquid.

Take it outside: Wrap up scraps in pieces of newspaper, paper towels or a brown paper bag and take them directly to the outdoor green-waste bin.

Keep it clean: Use compostable bags to help keep the bins clean and organic waste sealed. Rinse empty bins with hot, soapy water between collections.



Fruit flies: they're so small, and yet so annoying!



Close up of the enemy.

HOW TO TAKE CARE OF A FRUIT FLY INFESTATION

If you already have a fruit fly issue, this very simple (but tried and true method) should help get rid of them in no time.

Lure them and drown them: Add three drops of dish soap to a bowl of vinegar (the best is apple cider vinegar), and leave it uncovered. The vinegar attracts the flies and the soap cuts the surface tension of the vinegar so they sink and drown.



Apple vinegar cider + 3 drops of dish soap: The easiest way to clear up a fruit fly infestation.